

EUROPEAN SKI ORIENTEERING CHAMPIONSHIPS
JUNIOR WORLD SKI ORIENTEERING CHAMPIONSHIPS
EUROPEAN YOUTH SKI ORIENTEERING CHAMPIONSHIPS



BULLETIN 3

ORGANIZERS

Latvian Orienteering Federation in co-operation with the Municipality of Madona

Event Director Gunārs Ikaunieks, Ildze Straume

Event Secretary Inese Purgaile

IOF Event advisers

IOF Senior Event Adviser Staffan Tunis (FIN)

IOF Assistant Event Adviser Santeri Aikio (FIN)

National Controller Guntars Mankus (LAT)

CONTACTS

Latvian Orienteering Federation

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Web: <https://esoc2023.lv>

MEDIA CONTACT

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VENUE

Latvia

Situated in north-eastern Europe with a coastline along the Baltic Sea, Latvia features a temperate climate, with average temperature in February being -6 degrees.

Madona

Madona is the host city of the competitions. It is located in the eastern part of Latvia and there are around 8000 inhabitants in Madona.

EVENT CENTRE

The Event Centre and Competition Centre for all days will be located in the Sports Centre "Smeceres sils", next to the town of Madona, the driving distance from the Riga International Airport to Event Centre is 180km.

In the Event Centre there will be Event office, car parking, Wi-Fi, Media room, WC and transport to model available.

On all competition days the finish arena and flower ceremonies will be in "Smeceres sils".

Sport and recreation centre

"Smeceres sils"

Lazdonas pag., Madonas nov., LV-4824

Coordinates: 56084'15"N 26019'55"E

<http://www.smeceressils.lv/>

Contact during competition: Inese Purgaile, phone: +371 29751855, e-mail: info@esoc2023.lv

TEAM OFFICIALS' MEETINGS

Team leader meetings open for team leaders and the IOF representatives will be held at Madona centre, Saieta laukums 1, the evening before each respective race. For sprint relay the meeting will be on Friday, February 3.

PROGRAM

Sunday, January 29

15:00 – 21:00	Event office is open – accreditation	Event centre
15:00	Waxing cabins open for use	Event centre

Monday, January 30

09:00 – 21:00	Event office is open – accreditation	Event centre
10:00 – 14:00	Model Event ESOC/JWSOC/EYSOC	Smeceres krogs
12:00	Deadline for team changes and late entries	Event Office
15:00	Competition entry deadline - sprint distance	IOF Eventor
19:00	Team officials' meeting - sprint distance	Madona, Saieta laukums 1

Tuesday, January 31, Sprint

09:00 – 21:00	Event office is open	Event centre
10:00	First start W17; M17 Sprint	Event centre
10:10	Quarantine entry closes	Event centre
10:45	First start W20; M20 Sprint	Event centre
~11:30	Flower ceremony W17, M17	Event centre
11:45	First start W21 Sprint	Event centre
~12:00	Flower ceremony W20, M20	Event centre
12:30	First start M21 Sprint	Event centre
~13:45	Flower ceremony W21, M21	Event centre
15:00	Competition entry deadline – middle distance	IOF Eventor
18:00	Opening ceremony, Prize giving Sprint	Madona, Saieta laukums 1
19:00	Team officials' meeting - middle distance	Madona, Saieta laukums 1

Wednesday, February 1, Middle distance

09:00 – 20:00	Event office is open	Event centre
10:00	First start W17; M17 Middle	Event centre
10:10	Quarantine entry closes	Event centre
11:00	First start W20; M20 Middle	Event centre
12:00	First start W21 Middle	Event centre
12:31	First start M21 Middle	Event centre
~12:15	Prize giving ceremony W17, M17	Event centre
~14:15	Prize giving ceremony M20, W20, W21, M21	Event centre
18:00	Reception at Madona municipality for team leaders	

Thursday, February 2

10:00 – 20:00	Event office is open	Event centre
15:00	Competition entry deadline – long distance	IOF Eventor
19:00	Team officials' meeting - middle distance	Madona, Saieta laukums 1

Friday, February 3, Long mass start

9:00 – 20:00	Event office is open	Event centre
10:00	M21 Long start	Event centre
10:15	W21 Long start	Event centre
10:00	Quarantine entry closes	Event centre
11:30	M17, W17 Long start	Event centre
12:15	M20, W20 Long start	Event centre
~12:00	Prize giving ceremony W21, M21	Event centre
~13:00	Prize giving ceremony W17, M17	Event centre
~14:30	Prize giving ceremony W20, M20	Event centre
15:00	Competition entry deadline – relay	IOF Eventor
19:00	Team officials' meeting - relay and sprint relay	Madona, Saieta laukums 1

Saturday, February 4, Relay

09:00 – 17:30	Event office is open	Event centre
10:00	Quarantine entry closes	Event centre
10:00	Start M20, Relay	Event centre
10:05	Start M17, Relay	Event centre
10:10	Start W20, Relay	Event centre
10:15	Start W17, Relay	Event centre
11:15	Start W21, Relay	Event centre
~11:50	Flower ceremony M20, W20, M17, W17	Event centre
12:10	Start M21, Relay	Event centre
14:00	Public race	Event centre
~13:50	Flower ceremony W21, M21	Event centre
15:00	Competition entry deadline – sprint relay	IOF Eventor
18:00	Prize giving ceremony, Closing ceremony and Banquet	Madona, Sports center

Sunday, February 5, Sprint relay

10:00	Sprint relay
~11:30	Prize giving ceremony
11:30	Public race
15:00	Prize giving ceremony Public race

CLASSES

All competitors represent a National Federation. A competitor may represent only one National Federation during any one 12-month period running from November to October. Competitors shall have full passport holding citizenship of the country of the National Federation they are representing.

If a federation is unable to make up full relay teams, it may form incomplete teams or teams with competitors from other federations. The results of incomplete teams and teams with competitors from more than one Federation are not considered in determining the placings in relay competitions.

Under no circumstances may persons, other than competitors entered for the competition, participate in the competition.

ESOC/WCUP

ESOC/WCup has 2 classes – men and women. There are also 2 sub-classes in WCup – U23 men and U23 women (born in year 2000 or later).

This event combines the European Ski Orienteering Championships and World Cup stage 2. The classes and participation restrictions are as defined in the IOF Ski Orienteering Competition Rules. In each individual competition, a federation may enter a maximum of 6 athletes in each class and 2 teams in each class in the relay event, consisting of 3 athletes. In addition to that, each Federation can enter two U23 athletes in each class for individual races. The organizing federation can enter two extra competitors in each class. In sprint relay 3 teams, consisting of a man and a woman per country are allowed. Only the best team will be counted in overall ranking per country. If a Federation is unable to make up full relay teams, it may form incomplete teams or teams with competitors from other federations.

Only competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in ESOC. Competitors representing other member Federations of the IOF can participate in ESOC/WCup but will not be eligible for European titles, medals or diplomas.

JWSOC

JWSOC has 2 classes – M20 and W20, for competitors born in year 2003 or later

A federation may enter a team of up to 14 competitors, up to 7 women and 7 men. In each individual competition, every federation may enter up to 6 men and 6 women. In the relay, each federation may enter 2 teams in each class, consisting of 3 athletes. Only the best team will be counted in overall ranking. If a federation is unable to make up full relay teams, it may form incomplete teams or teams with competitors from other federations.

EYSOC

EYSOC has 2 classes – M17 and W17, for competitors born in year 2006 or later.

A federation may enter a team of an unlimited number of competitors and officials. However, on each individual competition, every federation may enter up to 6 men and 6 women. Only competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYSOC. Competitors representing other member Federations of the IOF can participate in EYSOC but will not be eligible for European titles, medals or diplomas. In the relay, each federation may enter 2 teams in each class, consisting of 3 athletes. Only the best team will be counted in overall ranking. If a federation is unable to make up full relay teams, it may form incomplete teams or teams with competitors from other federations.

Additional information and clarifications

Any athlete (ESOC, JWSOC, EYSOC) may take part in any relay competition where they fulfill the gender and age restrictions. The rules on the maximum number of teams per federation still apply. No athlete may be part of more than one relay team and one sprint relay team.

* An athlete must be registered as a participant for all events they are going to participate in before January 30, 2023

* It is not allowed to participate in more than one event per competition day

* All participants in the WCUP must have a valid IOF athlete license.

* Accreditation fee should be paid only once even if an athlete participates in more than one event

In the event of having one athlete participating in more than one championship please send an email to info@esoc2023.lv about this.

IOF ATHLETE LICENCE

All WCUP participants need a valid IOF Athlete license. To have a valid license, the athlete need to sign an athlete license form and pay an annual fee of 30 EURO. If the athlete has signed the form in previous years they don't need to sign a new form. Payments of the annual license fee is done in IOF Eventor, please

consult the proper IOF Eventor Guide for this. To find the rules and forms and more information, please consult: [Athletes licence](#)

ENTRY FEES

	Until 01.12	02.12 – 21.01	22.01 – 30.01
Competitor accreditation fee	70 €		
Team official accreditation fee	80 €		
Individual race	60 €	+20%	+50%
Individual race EYSOC	50 €		
Relay	140 €		
Sprint relay	120 €		

The accreditation fee for competitors covers the right to participate in the event, the model event and the banquet. The accreditation fee for team officials covers the model event, team leader meetings, competition maps, start- and result lists and the banquet.

Entry deadlines

Entries are to be registered by team managers via IOF Eventor. The following information is required at the latest by December 1:

1. Number of participants (men, women).
2. Number of relay teams.
3. Number of team officials.
4. Team manager's name, address, e-mail address and mobile telephone number

The following information is required at the latest by January 21

1. Name and gender (man, woman) of the participants.
2. Names of the team officials.

Late Entries:

Late entries and changes to registered entries will be possible up until 12.00 on January 30, 2023. These should be sent directly to the event organiser who will then register the details in IOF Eventor.

Fees for late entry fees and changes to registered entries

	<i>Entry</i>	<i>Withdrawal of entry</i>
02.12 – 21.01	+20%	-80%
22.01 – 30.01	+50%	-50%

Name change 10 €

PAYMENTS

Following the deadline for registering the number of participants and team officials (01.12.2022), the event organiser will issue invoices for accreditations, entry registration and waxing huts. Invoices should be paid in full at the latest by January 5, 2023. For changes made after this date, the payment/refund of fees is to be made at the event office upon arrival at the competitions. A penalty fee will be liable for late

payments.

Bank details for payments:

Latvijas Orientšanas federacija

Bank: Luminor bank

SWIFT: RIKO LV 2X

IBAN: LV14RIKO0002013111372

reg. Nr. 40008021960

E-mail: lof@lof.lv

Adress: Grostonas iela 6b, Riga, LV-1013, Latvia

SUMMARY OF ENTRIES RECEIVED ESOC/WCUP

FEDERATION MEN WOMEN TEAM OFFICALS TOTAL

Austria	1	1	1	3
Bulgaria	1	3	2	6
Czechia	6	3	3	12
Estonia	4	3	2	9
Finland	8	6	5	19
Japan	2			2
Latvia	4	1	1	6
Lithuania	6	2	1	9
Norway	8	8	3	19
Kazakhstan	2			2
Sweden	8	8	4	20
Switzerland	8	4	2	14
Total	58	39	24	121

SUMMARY OF ENTRIES RECEIVED JWSOC

FEDERATION	MEN	WOMEN	TEAM OFFICALS	TOTAL
Czechia	4	4	2	10
Estonia	4	4		8
Finland	6	6	2	14
Japan	2	1	1	4
Latvia	4	4	1	9

Lithuania	2	1		3
Norway	6	6	2	14
Sweden	6	6	4	16
Switzerland	4	4	2	10
Total	38	36	14	88

SUMMARY OF ENTRIES RECEIVED EYSOC

FEDERATION	MEN	WOMEN	TEAM OFFICIALS	TOTAL
Austria	2	1	1	4
Czechia	3	3	3	9
Estonia	5	3	2	10
Finland	4	4	1	9
Latvia	6	4	1	11
Lithuania	1	3	1	5
Sweden	4	4	3	11
Switzerland	3	3	2	8
Total	28	25	14	67

ACCOMMODATION

Accommodation is offered in several categories, with A being a good quality hotel and D being the simplest, a guest house with self service. All prices are per person, per night, including VAT. Accommodation should be booked by sending e-mail to accommodation@esoc2023.lv till December 31. It is important to book your accommodation as early as possible as availability close to Event center is very limited.

A; single, full board 85 eur

A; sharing in a twin room, full board 75 eur

B; single, full board 75 eur

B; sharing in a twin room, full board 65 eur

C; sharing in a 2, 3 or 4-bed rooms, shared WC and shower, full board 55-60 eur

D; bed (self-service catering available) – 20 till 35 eur

Budget accommodation with mattress on floor will be available on request.

WAXING FACILITIES AND SKI WAXING SERVICE

Waxing facilities are available at the competition arena. These have electrical connections, are heated, ventilated and lockable. Cabins are 18 m², price is 600€. The indicated prices cover the full competition week and may be used by all the teams (ESOC/JWSOC/EYSOC) from the same nation. Bookings are made by sending an e-mail to info@esoc2023.lv Invoices will be issued together with those for the entry registration fees. Booking of waxing facilities is possible till December 20.

EMBARGOED AREA

Embargoed area is published in IOF Eventor: [Embargoed Areas for IOF Events – ESOC/WCup, JWSOC, EYSOC 2023 \(orienteering.org\)](https://www.orienteering.org/embargoed-areas-for-iof-events-esoc-wcup-jwsoc-eyesoc-2023)

TERRAIN, CLIMATE

Smeceres sils. A moderately hilly area with maximum height difference of 40 meters. A skiing and biathlon centre with numerous major ski tracks. 20-30% of the terrain is open and semi-open areas. On average, snow is about 30-40cm deep in February. Average temperature in February is -6 degrees.

PUNCHING SYSTEM

SPORTident AIR+ punching system will be used (SIAC). More information available https://www.sportident.com/documents/information_technical/SI_system_AIRplus/sportident_airplus_information_for_athletes.pdf

NUMBER AND TYPE OF EQUIPMENT CHANGE AREAS

It will not be allowed to make changes of undamaged skies

Distance	Number of deposits
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Sprint	
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Long distance	2
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Middle distance	
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Relay	1
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Sprint relay	
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MAP SCALES AND SIZES

All maps are A4 size (21 x 30 cm) with a 5-metre contour interval.

Distance	Map Scale
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Sprint	1:5000
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Long	1:12500
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Middle	1:10000
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Relay	1:10000
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Sprint relay	1:5000
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APPROXIMATE COURSE LENGTH, WINNING TIMES

Winning times for each class will be according to IOF rules 2019:

ESOC/WCup men / women

85-95 min	Long distance
40-45 min	Middle distance
12-15 min	Sprint
30-35 min	Relay for each leg
6-8 min	Sprint relay for each leg

JWSOC W20/M20

65-75	Long distance
25-35	Middle distance
12-15	Sprint
30-35	Relay for each leg

EYSOC W17/M17

40-45	Long distance
20-25	Middle distance
8-12	Sprint
20-25	Relay for each leg

PUBLIC RACE

On Saturday, February 4, and Sunday, February 5 there will be Public race organized. Middle distance will be offered on both days. Public race Bulletin and registration is available on esoc2023.lv.

TRAINING

Currently there is no organized training available. Please follow information on esoc2023.lv about future training information.

VISA REQUIREMENTS

You do not need visa if you come from EU or Schengen area country.

Other international travelers may be required to hold a Latvian visa prior to travel to Latvia, depending on your country of residence. For more information, please see the [Ministry of Foreign Affairs of Latvia](http://www.mfa.gov.lv/en). If you require further assistance, please send email to info@esoc2023.lv

TRAVEL INFORMATION AND TRANSPORT

The simplest way to get to Madona is either by car or by air to Riga and a rental car. There is also good public bus traffic between Riga and Madona. Timetable available at

<https://www.autoosta.lv/category/news/?lang=en>

The closest international airport is Riga, 180 km from Madona.

Organisers will offer a transfer bus from Riga to Madona and back if there will be demand. If you are interested, please let us know by sending request to info@esoc2023.lv as soon as possible but latest by December 20.

Local transport

There will be a transfer bus to model event from Event Centre and Madona. Price is 5 eur per person, please book it before January 3 at info@esoc2023.lv

If you need transfer from your hotel to Event centre (on competition days), please let us know before January 3 by sending your needs to info@esoc2023.lv.

BANQUET

The banquet on Saturday is included in the accreditation fees for athletes and team officials. Non-accredited persons that wish to attend the banquet are advised to make reservation and payment by sending e-mail to info@esoc2023.lv

Saturday evening banquet fees for non-accredited persons:

Date	Entry
until 31.12.	40 EUR
01.01-30.01	50 EUR
31.01-04.02	60 EUR

SUMMARY OF IMPORTANT DATES

The final dates for registering entries, booking accommodation etc. are summarised in the table below. Please note that additional fees apply for late entries.

Event	Deadline
Entry registration	December 1
Entry registration (names)	January 20
Booking accommodation	December 31
Booking waxing facilities	December 20
Payments	January 5
Booking transfer to model	January 3